

THIS WEEK

onCampus

An Ohio State News Publication

Tuesday, November 14

Good day, Buckeye families! Below you will find the latest news and information for Ohio State students and families.

With Thanksgiving Break approaching (Nov. 22-24), if your student is planning to remain on campus during the break, please make sure that they are aware of the adjusted hours of operation for campus dining locations. You can find these updated hours on the <u>Dining Services website</u>. Additionally, students, faculty and staff who are unable to return home for the holiday are invited to attend Ohio State's annual Thanksgiving Dinner on Wednesday, November 22 at noon. Tickets are free but are required to attend. For more information about where to obtain free tickets, please visit the <u>Office of International Affairs</u> website.

Finally, if your student is planning to depart campus for the holiday break next week and will need transportation to the airport, encourage them to check out the free academic break airport shuttle provided by the Campus Area Bus Service (CABS) and Undergraduate Student Government (USG)! More details can be found under the Getting Around Campus section of this newsletter.

Have a great week!

Message from Student Life

As Men's Mental Health Month continues throughout November, we find that a significant disparity exists among males and health in the U.S., including mental health. For example, in the U.S., about 80% of people who die by suicide are male, at a rate that is 4x higher than females. Although 80% of males have experienced stress in the last six months, 65% of men said they are hesitant to seek professional help for mental health concerns such as stress, anxiety and depression.

Your Student Life

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Headline news

A look into how Administration and Planning ensures a safe and fun game day

No Ohio State football home game day goes by without the help of the Office of Administration and Planning. Members of the Department of Public Safety start security sweeps as early as 2 a.m. and fans are supported throughout the day by services from Facilities, Transportation and even UniPrint. Take a look into all of the work that goes into providing the best fans in the land with a safe and fun game day at the 'Shoe.

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Tune in to Skull Session – wherever you are

Skull Session is now available on smartphones and in living rooms across the world via the livestream presented by Ohio State before each home game. Tune in on the Ohio State News YouTube channel two hours and 30 minutes before kickoff to hear coach and player remarks, view TBDBITL performance previews and sing along as the marching band entertains Buckeye fans.



Technology, Policy Merge for Public Service

"Wicked problems": Government and nonprofit agencies address complex challenges with assistance from the John Glenn College of Public Affairs Rapid Innovation for Public Impact course. Meet students who developed solutions for the Ohio Department of Transportation to support the growth of the advanced air mobility industry and to address equity challenges in deploying electric vehicle charging stations.

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Get connected to eduroam today

Ohio State is transitioning to eduroam as the primary secure network for Ohio State students, faculty and staff, with osuwireless set to retire in summer 2024. Encourage your student to connect to eduroam today to avoid having to reconfigure Wi-Fi connection every time they update their Ohio State password, and remain connected to eduroam when visiting participating institutions around the world.

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New and improved Registrar website coming

On Nov. 16, the University Registrar's website will have a whole new look and feel with improved usability and navigation. Still the official go-to source for information about student records, course data and other important academic information, the new registrar.osu.edu has been completely redesigned to be device friendly and intuitive to use. Improvements to the site include robust search functionality, intuitive navigation and a filterable academic calendar. The site also maintains historic information — including course catalogs, tuition and fee tables, and commencement programs.

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Safety Spotlight

Off-Campus Community Crime Map

The Community Crime Map consists of statistics from the Columbus Division of Police (CPD) and shows off-campus crime reports. Ohio State has preprogrammed the map to a one-mile radius to include the crime reports from the most recent 7-day period. The default crime categories are predetermined by LexisNexis. Users also can <u>set up customized email alerts</u>. Stay informed of crime reports in your student's neighborhood by visiting the Community Crime Map.

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Secure your valuables before traveling for break

Before you travel for break, be sure to take items of value home, including money, credit cards and IDs. Record serial numbers of your devices. Lock all doors and windows. Students can obtain free safety devices for their homes, including window and door alarms as well as light timers. Disconnect electrical extensions. If something is missing when you return, alert the police immediately. Additional safety resources are available on the Department of Public Safety website.

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Health and wellness

Intuitive Eating During the Holidays

The holidays can be a fun, celebratory time of year and can also be a source of stress and guilt if we have a negative relationship with food and our bodies (and/or others around us do too). Students can join the Student Life Student Wellness Center for a virtual presentation on Nov. 20, 2-3 p.m., to explore how to integrate the 10 principles of Intuitive Eating during the holidays to find more peace and joy with food.

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What makes a superfood so super?

Though many foods could be described as super, it's important to understand that no single food holds the key to good health or disease prevention. Because we only need so many calories daily, the more nutrients we can pack into those calories, the better.

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Getting around campus

Academic break airport shuttles

To help reduce costs for travel during academic breaks, the Campus Area Bus Service (CABS), in coordination with Undergraduate Student Government (USG), will provide a free shuttle for students, faculty and staff between Ohio State's Columbus campus and John Glenn International Airport for the 2023-24 academic year. View dates, times and pick-up and drop-off locations online.

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Road closures, CABS impacts for Hot Chocolate Run

The Hot Chocolate Run will take place on Nov. 19. Rolling closures will occur along High Street, south of 11th Avenue from approximately 7:30 a.m. to 10 a.m. Please note that the intersection of 11th Avenue and High Street will also be closed at this time. CABS On-Demand and paratransit will remain available.

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Trail reroute continues, Northwest Stadium parking closes

The Olentangy Trail detour, previously anticipated to open at the end of November, will remain in place through summer 2024 to support continued levee work as part of the Cannon Drive Relocation – Phase 2 project. In January 2024, the northwest stadium parking lot will close through summer 2024. Travel delays in the area are anticipated at that time as motorists adjust to new parking locations. Cannon Drive north of Herrick Drive remains closed.

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Courses/Training

• Recruitment, Retention and Leadership Workshop

Events and opportunities

Nov. 17	Celebrate Transgender Awareness and Empowerment Week
Nov. 17 and 28	Institutional Definitions Working Groups: University Class Ranking and Race and Ethnicity
Nov. 22	Thanksgiving Dinner at Ohio State Tickets