

Buckeye Family

November 2022

BUCKEYE FAMILY

News and Information for Ohio State Parents and Families



Thanksgiving Dinner 2022

Thanksgiving Dinner at the Ohio Union will be held in person this year on Wednesday, November 23 at 12 p.m. in the Archie Griffin Ballroom. The Office of International Affairs and the Office of Diversity and Inclusion are excited to host this event on campus once again.

This annual event is free for students, faculty and staff unable to go home or be with family over the holiday. Seating is limited and tickets will be required to enter. Tickets are free and will be available beginning November 14 at the Office of International Affairs in Enarson Classroom Building, the Information Desk at the Ohio Union and Hale Hall. A valid BuckID must be shown to receive a ticket.

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Department Debrief

Student Advocacy Center

With a campus as large as Ohio State's, navigating the various offices can sometimes be a stressful and confusing experience. *Department Debrief* is a new monthly article from the Parent and Family Relations office dedicated to helping students, staff, and family members better understand the services, opportunities, and support offered by particular offices.

This month, our office met with staff from the Student Advocacy Center, an office that assists in navigating your student through difficult times while at Ohio State. Learn how Student Advocacy will be there for your student when they need additional support.

[Read More](#)



Open Enrollment Season

Is your student currently a dependent on your employer-sponsored health insurance policy?

Does your policy have an upcoming annual Open

Enrollment period for calendar year 2023?

If you answered 'yes' to both questions, we encourage you to review your current health insurance and compare it with the Ohio State Student Health Benefits Plan as a potential option for your student for Spring/Summer 2023.

Read more about the Student Health Benefits Plan on our website.

[Read More](#)



Follow Us on Instagram

Are you looking for more opportunities to connect with our office? Parent and Family Relations has recently re-launched our Instagram page! Similar to our [Facebook](#) page, our Instagram will highlight everything happening on and around campus so that you can stay connected.

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Buckeye Road Trip

The Buckeye Road Trip is a reduced-cost busing service designed to bring students to cities in and out of Ohio. These cities currently include Cleveland, Cincinnati, Toledo, Chicago, Pittsburgh, and Philadelphia.

A limited number of seats remain available for the trips to Cincinnati, Cleveland, Philadelphia and Toledo for Thanksgiving Break. There is currently a waiting list for the trips to Pittsburgh and Chicago. If your student plans to travel home for the upcoming holiday, we encourage you to check the Buckeye Road Trip website for

information regarding pricing, departure time and return time to see if it is a convenient travel option for you and your student.

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Finals Week

Believe it or not, final examinations begin in just a few weeks, starting on December 9 and continuing through December 15. While the end of the semester can be an exciting opportunity for your student to show what they have learned, we know that it can also be a very stressful time during a student's academic career.

It is important to remind your student to practice healthy habits in the days leading up to their exams. Some healthy habits you can encourage include getting a healthy amount of sleep (7-9 hours) and eating healthy meals to provide fuel for their body. These are the first steps toward a great exam week!

Additionally, University Libraries are a great spot for your student to review for their exams. Some libraries even offer extended hours during finals week. You can find a full list of locations and hours for University Libraries on their website (linked below).

We wish all students a healthy and successful rest of the semester!

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